



Working together, we can achieve great things.

Alaska Natives are the healthiest people in the world — it's an inspired vision that will take inspired giving, inspired action and inspired leadership to achieve.

HANF is helping employees at ANTHC transform their energy and spirit of inspiration into action - helping to make the Foundation's goals become reality.

What inspires you?

Whether it's health care improvements, wellness and prevention or healthy village environments, employees can support the key initiative of their choice. This year's campaign speaks to the culture of giving at ANTHC, a way of life we all share.

Let's join together and bring essential services to individuals and communities in need.

Our Initiatives



Health Care Improvements

HANF provides the health care improvements that fight the leading causes of death for Alaska Natives — cancer, heart disease, unintentional injuries, suicide and stroke.



Wellness and Prevention

HANF supports wellness and prevention programs that promote healthy lifestyles for Alaska Natives to help avoid long-term health problems before they start.



Healthy Village Environments

HANF advances healthy village environments that deliver clean water and sanitation and prevent illnesses that impact our communities.

A Real Impact

When you give to HANF, you make a real impact on the health of Alaska Native people. Your gifts have supported:

- Providing families with a more comfortable stay at Alaska Native Medical Center's Inpatient Pediatrics
- Community health efforts that help reduce suicides and increase dental health
- Literacy and art therapy programs for our young patients
- Care for cancer patients and support for their loved ones
- And more!

Inspiring *Good* health.

To learn more visit www.InspiringGoodHealth.org
4000 Ambassador Dr., Anchorage, AK 99508 | Phone: 907-729-5652 | Fax: 907-729-1901



Inspired giving

Ways to give

We've provided a simple and tax-effective way for you to help ANTHC's Healthy Alaska Natives Foundation improve the health and well-being of Alaska Native people. You determine how much you want to give, making it affordable to achieve the level of support that is significant and meaningful to you.

How much to give?

Making a donation is a very personal decision and completely voluntary. Whatever you choose to give will make a great difference in the health and well-being of Alaska Natives.

Suggested bi-weekly donation amounts based on salary range generally indicate 1 percent to 5 percent of your annual gross income. Giving plans based on annual salary fall in the range of:

- \$25,000 \$10 - \$50
- \$40,000 \$15 - \$80
- \$55,000 \$20 - \$105
- \$70,000 \$30 - \$135
- \$85,000 \$35 - \$160
- \$100,000+ \$40 or more

Distinguished Donation Levels

All donations are greatly appreciated. Those making contributions at the distinguished donation levels will receive special recognition.

- Community Spirit \$500 - \$999
- Future Generations \$1,000 - \$2,499
- Traditional Values: \$2,500 - \$4,999
- Legacy Giving \$5,000 - \$7,499
- Visionary Circle \$7,500 - \$14,999
- Founders Circle \$15,000 and up

We pledge to make every dollar count!

	Amount Per Pay Period	Total Payments	Total Annual Amount Donated
<input type="checkbox"/>	\$1.00	26	\$26
<input type="checkbox"/>	\$2.50	26	\$65
<input type="checkbox"/>	\$5.00	26	\$130
<input type="checkbox"/>	\$7.50	26	\$195
<input type="checkbox"/>	\$10.00	26	\$260
<input type="checkbox"/>	\$12.50	26	\$325
<input type="checkbox"/>	\$15.00	26	\$390
<input type="checkbox"/>	\$20.00	26	\$520
<input type="checkbox"/>	\$25.00	26	\$650
<input type="checkbox"/>	\$30.00	26	\$780
<input type="checkbox"/>	\$35.00	26	\$910
<input type="checkbox"/>	\$40.00	26	\$1040
<input type="checkbox"/>	\$45.00	26	\$1170
<input type="checkbox"/>	\$50.00	26	\$1300
<input type="checkbox"/>	Other \$ _____	_____	\$ _____

Please specify where you wish to have your donation directed

- Unrestricted – area of greatest need
- Health Care Improvements
- Wellness & Prevention
- Healthy Village Environments

Contact Information

EMPLOYEE NAME _____

DEPARTMENT _____

PHONE _____ E-MAIL _____

SIGNATURE TO AUTHORIZE MY PLEDGE

By submitting this form you are authorizing your donation to the Healthy Alaska Natives Foundation. Please submit via interdepartmental mail by addressing it to C-HANF or by email, info@InspiringGoodHealth.org.

Make a difference today.

To learn more visit www.InspiringGoodHealth.org
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